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Schulich

New-to-Canada Arrival Guide (Graduate)



INTERNATIONAL RELATIONS Welcome to the Schulich Community!

We look forward to the opportunity to welcome you to the Schulich community!

As an international student, there are some **important first steps** on your journey to Canada and Schulich. The **Schulich International Relations** office is here to support you every step of the way.

With a large and diverse group of students from across the world studying at Schulich, the International Relations office at Schulich focuses on providing you with information and services you need be successful in your transition to Canada.

| Ann Welsh | Cheryl Stickley | | Lan Yu | Webinar Guest: Gabriela Moreno Kahn |
|---|---|---------------------------------|--|---|
| International Student Support Specialist | Graduate International Program Coordinator | | International Information Assistant | International Relations, Graduate Business Council (GBC) gbcinternational@schulich.yorku.ca |
| International Relations Office | | Room W262, SSB | | |
| Virtual Office Hours: | | Monday – Friday, 9AM – 4:30PM | | Online Q&A Sessions for International Students |
| Email: | | intlrelations@schulich.yorku.ca | | |
| Website: | | International Relations | | |

PREPARING TO ARRIVE IN CANADA Pre-Arrival Checklist

Apply for your <u>Study Permit</u>

Understand <u>Travel Restrictions</u>

Self-Quarantine

Secure <u>Accommodations</u>

Learn about <u>Health Insurance</u>

Connect with other Students

What to Bring with you

Please note: Immigration and border information is valid as of 17 November 2020. Monitor the IRCC <u>COVID-19 website</u> for updates as information may change rapidly.

PREPARING TO ARRIVE IN CANADA Study Permit and Entry to Canada

Study Permit and TRV/eTA

- International students studying for longer than 6 months require a <u>study permit</u> to study inside Canada
 - COVID-19: You are strongly encouraged to apply for your study permit before your program begins.
 - Study permit approval is not required before starting online from overseas (is required if you are physically in Canada)
 - For PGWP eligibility, must apply for study permit before starting your program
- Review the <u>application guide</u>, <u>supporting documents</u> and <u>processing times</u> before applying
 - Attend a <u>Study Permit webinar</u> if you need additional support. Next session: 11 December 2020
- Depending on your <u>country of citizenship</u>, you will also be issued a temporary resident visa (TRV) or electronic travel authorization (eTA) to enter Canada (exception for US citizens)
- Upon approval, you should receive a <u>Letter of Introduction</u> from the visa office; required to board a flight
- Remember, being exempt from the travel restrictions and authorized to board your flight does not guarantee that you will be permitted entry to Canada
 - Entry to Canada is at discretion of border officer
- Continue to monitor <u>IRCC COVID-19 website</u>

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PREPARING TO ARRIVE IN CANADA Study Permit and Entry to Canada

Work Authorization

- Your study permit may <u>authorize you to work</u> in Canada. Authorization begins only after you start your classes at Schulich
- More detailed information on work authorization and immigration status will be provided at the International Student Orientation

Accompanying Family Members

- Your spouse/partner and children may be eligible to <u>come with you</u> to Canada. Accompanying spouses/partners are eligible to apply for an open work permit
- Will require a "<u>travel authorization letter</u>" in addition to visa approval (based on current travel restrictions)

Social Insurance Number (SIN)

- The SIN is a 9-digit number that you need to work in Canada and file your taxes. You can apply for a SIN with a valid study permit that states work authorization (check this when they print your permit at the point of entry)
- You may apply for one in person (if offices are open):
 - a) From the Service Canada office at Pearson Airport (after passing through Immigration) Office hours vary
 - b) From any other Service Canada location. For more information, please visit Service Canada website
 - Online application during COVID-19 Service Canada closure

Information is valid as of 17 November 2020

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COVID-19 CONSIDERATIONS

Travel Restrictions/Exemptions

As of 20 October 2020, <u>new travel exemptions</u> for international students:

- 1. Must have appropriate travel documents (i.e.: study permit approval)
- 2. DLI must have an approved COVID-readiness plan
 - York U is an <u>approved DLI</u>
- 3. Cannot be entering Canada for an optional purpose*
- 4. Must pass a health check at the port of departure
- 5. Must have plan to guarantine for 14 days after arrival

Optional/non-optional purpose of travel

- As of 20 October 2020 students who have an approved study permit and who are coming to study at an institution with an approved COVID-readiness plan will be considered to be travelling for a non-optional purpose
- Request <u>Entry Support Letter</u> from Schulich

PREPARING TO ARRIVE IN CANADA

COVID-19: Self-Quarantine

Upon arrival, all individuals are required by law to immediately quarantine for 14 days

- Must have a plan in place to fulfill <u>quarantine requirement</u>
 - York U has quarantine accommodations available
 - Complete <u>Quarantine Accommodation Request Form</u>
 - All students must report their quarantine plans to York U regardless of where quarantining
 - For more information on York U Quarantine, please visit: <u>https://yorkinternational.yorku.ca/york-quarantine-information/</u>
 - Use private vehicle from airport; shuttle provided for York U accommodation
 - Proof of suitable accommodations
 - Must wear a mask while travelling until you reach your accommodation
 - Go straight to place of accommodation
 - Hotels and AirBnb may also be available for quarantine
- 14-day quarantine period; fines for non-compliance
 - Cannot leave quarantine accommodation, unless requiring medical attention
 - Do not use public transportation
 - Do not have visitors
 - Contact your "Quarantine Buddy" for information and resources; may need to organize deliveries/services in advance of your arrival (food, cleaning supplies, etc.)

PREPARING TO ARRIVE IN CANADA Required Steps

Before travelling to Canada, you must complete the following:

University Requirements

At least 2 weeks before you travel:

- Complete the York University <u>International Student Travel Form</u>
- Complete the <u>Quarantine Accommodation Request</u> form **OR** the <u>Self-Arranged Quarantine Plan</u>
- Request a <u>Confirmation of Enrollment with Entry Support letter</u> from Schulich

Canadian Government requirements

At least 48 hours before you travel:

 Download the <u>ArriveCAN app</u> and submit your travel and quarantine information to the Canadian government before boarding your flight



PREPARING TO ARRIVE IN CANADA

Accommodation

It is your responsibility to secure accommodations in Toronto. Consider the type of accommodation that is best for you by researching costs, location, etc.

On-Campus Housing

- Housing for graduate students and families
- Lease-based occupancy
- Furnished and unfurnished apartments (note: bedding, small appliances, dishes, etc. are not included)
- York University has a quarantine plan in place
- York Apartments COVID-19 FAQ

Off-Campus Housing

- There are many options to search for off-campus housing, including:
 - York University Off-Campus Housing Service
 - Places4Students Off-Campus Housing Website
 - The Quad off-campus student residence within 2 min walk to Schulich
 - Use your network (GBC, buddy, etc)
 - Contact IR for off-campus housing resources





York Student Housing Office: 340 Assiniboine Road, York University Tel: +1-416-736-5152 Email: <u>yorkapts@yorku.ca</u> Website: <u>Student Housing website</u>

Note: Tenants in Ontario have certain rights and responsibilities. Familiarize yourself with the general guidelines before entering into a lease or rental agreement by visiting the <u>Landlord</u> <u>and Tenant Board website</u>



PREPARING TO ARRIVE IN CANADA

Health Insurance



University Health Insurance Plan (UHIP)

- <u>Mandatory</u> for all international students and dependents who are physically in Canada (dependents must be enrolled within 30 days of arrival to avoid a \$500 late fee)
- Coverage includes:
 - doctor's visits and hospital accommodation in Ontario
 - <u>emergency</u> services only in Canada (health insurance should be purchased for travel outside of Canada)
- Does not cover medications, routine dental care, etc. (supplemental insurance recommended)
- The approximate cost is \$480 (Jan 1st Aug 31st)*
- Only students in Canada will be enrolled. Must complete the International Student Travel Form.
- Coverage begins on the 10th day of the month prior to the month of the first day of classes (i.e. April 10th, Aug. 10th or Dec 10th). If arriving earlier, ensure you have your own private insurance
- For more information visit the <u>UHIP website</u> or the <u>York University UHIP website</u>

Graduate Student Association (GSA) Supplemental Insurance

- Full-time students who are physically in Canada will be registered (dependents can be enrolled)
- Students <u>not</u> in Canada and charged should <u>opt out</u> by selecting 'Coverage provided by foreign Governments'
- Coverage includes items such as prescription drugs, paramedical services, dental benefits, etc.
- To be exempt, students must provide proof of an alternative coverage to <u>We Speak Student</u>
- The approximate cost is \$310 from Jan 1st Aug 31st*
- For more information, including plan options, please visit the <u>GSA website</u>

Both these fees will be billed to your student account

Further details will be provided during the Pre-Arrival Series on Health Insurance Session



PREPARING TO ARRIVE IN CANADA Connect

The Graduate Business Council

The Graduate Business Council (GBC) is the Schulich student representative council for all master's level graduate students. Each term the GBC organizes events and initiatives which help to engage students with the larger student body. Aside from social and athletic activities, the GBC serves as the student body's voice to the faculty and administration. Check out the GBC's programming for international students:

Email: <u>gbc@schulich.yorku.ca</u> / <u>gbcinternational@schulich.yorku.ca</u> Website: <u>GBC Website</u> Instagram: <u>@GBCSchulich</u>

Apply for the Buddy Program

The Graduate Business Council (GBC) Buddy Program helps incoming international students connect with a current student who will utilize their experience and knowledge to help you transition to life in Toronto and the Schulich School of Business Sign up <u>here</u>.

Quarantine buddies also available!

Student Clubs and Associations

Get involved with one of Schulich's many clubs and associations. From the Case Analysis Club to the Schulich Net Impact Association there is a group for every interest. Visit the GBC website for more details: <u>Schulich Clubs and Associations</u>



New to Schulich Website

Stay connected and up-to-date. The <u>New to Schulich</u> website has a number of resources to help you along the way.

Schulich Facebook Group

Join your program's Facebook group to connect with other students in your program

Schulich GradBlog, Instagram & Twitter

Follow the Schulich <u>GradBlog</u> and <u>@SchulichSchool</u> for Schulich stories, news and reminders

PREPARING TO ARRIVE IN CANADA What to Bring

Review what to <u>expect at the airport</u> when you arrive in Canada as an international student. If you are arriving as a permanent resident, please also review <u>PR arrival requirements</u>. Download the <u>ArriveCAN app</u>.

Living on-campus? Check the move-in times/dates so you can plan your arrival, keeping in mind the quarantine requirement. The Housing Office will be closed during the Winter break (Dec 24 – Jan 6)

☑ Important Items to Pack

- □ Valid Passport, with your Temporary Resident Visa (TRV) or electronic Travel Authorization (eTA), as required; or US passport*
- □ Letter of Introduction from the visa office*
- □ Your Schulich Letter of Acceptance and Confirmation of

Enrollment (with Entry Support) letter*

- □ Proof of funds*
- $\hfill\square$ Address where you will be residing*
- □ Quarantine Plan*
- Photocopies/digital copies of important documents (and send to your email)*
- Medications, health documents and prescriptions (if applicable); check <u>import limits</u> for medications

- Medical insurance documents for any additional health/travel coverage (if applicable)
- Driver's license or international driver's license (drivetest.ca)
- □ Unlocked phone
- □ Laptop
- Power type A and B: Standard voltage is 120V, standard frequency is 60Hz <u>https://www.power-plugs-sockets.com/canada/</u>
- $\hfill\square$ Business attire for presentations and career events
- □ Weather appropriate clothing for the <u>season</u>
- □ Credit card(s) and money for immediate use upon arrival
- □ York U Campus Map

* Pack in your carry-on luggage as you will be <u>required to show</u> <u>these to the border officer</u> upon arrival (before getting your checked luggage)



Arrival Checklist

- Transfer from the airport and check into your accommodation
- Post-Quarantine
- □ Orient yourself with the <u>York campus</u>
- Learn how to use Public <u>Transportation</u>
- Shop for Food and Living Essentials
 - Attend Pre-Arrival Series Information Sessions
- Explore!

Transportation from Pearson Airport

COVID-19: You MUST use private transportation from the airport; you are prohibited from using public transportation (bus, subway, train); Shuttle provide for York U Quarantine Accommodation

Airport Taxi (recommended)

- Fare: \$50-60 CAD approximately (baggage handling and tipping the driver are extra)
- Travel time: Approximately 30 minutes to the York campus
- Taxis will be waiting once you exit the airport terminal. Use only authorized taxi providers
- For more information on taxi services, visit the <u>Pearson Airport</u> website

Ride-Hailing Apps

- Fare: \$50 CAD approximately
- Use <u>Uber</u> or <u>Lyft</u> to and from airport (Uber Black and Lyft Lux are more expensive)
- New: Uber Rider kiosk





ARRIVAL IN TORONTO COVID-19 in Ontario

States of Emergency & Physical Distancing Rules

- In force in Ontario and City of Toronto
- Regional restrictions are in effect <u>COVID 19 Response Framework</u>
 - In Toronto, <u>Stage Red (Control)</u>; stringent measures
 - Indoor restaurants, bars, gyms/fitness centres, cinemas, performing arts centres are closed
- Must wear a mask in all indoor public spaces, including transit system
- Stay home as much as possible
- Must practice physical distancing (2 metres apart)
- Social circles of up to 10 people indoors; encouraged to limited to only those you live with
- Limit activities outside the home to essential activities only
- Monitor the Toronto COVID-19 website and Toronto Public Health Measures





TORONTO.CA/COVID19

DI TORONTO Public Health

ARRIVAL IN TORONTO COVID-19 at York U

As York U community members, we all have a responsibility to keep the campus safe

- Before entering campus, must complete <u>COVID Screening Checklist</u>
- Cannot enter campus if you have been outside Canada in previous 14 days
- Must wear a mask in all indoor spaces (i.e.: York Lanes, common areas in residence)
- Most buildings and services are closed on campus
 - All indoor fitness facilities
 - In-door dining (take out still available at some restaurants)
- Remote services are available such as mental health and wellness, academic advising, etc
- Must practice physical distancing

Review and monitor the <u>YU</u> <u>Better Together</u> site for FAQ's and Community Updates



Know your Campus

Most services on campus are currently closed; access to most buildings is prohibited.

Connect to Wi-Fi

AirYorkPLUS – use your Passport York credentials

York Lanes

 Includes places to eat, grocery shops, the bookstore, public transit passes, pharmacy, dentist, doctor, etc. Check for <u>currently open services & updates</u> during COVID-19

Banking & ATM Machines

- Bank of Montreal (BMO): Located in York Lanes. Branch & ATM machines
- CIBC: Located in the Schulich School of Business. ATM only
- Royal Bank (RBC): Located at 95 The Pond Road. Branch location
 - 340 Assiniboine Residence & Bennett Centre. ATM only
- Scotiabank: Located in Bergeron Centre for Engineering. ATM only
- TD Canada Trust: Located in Central Square. ATM only
- Alterna Savings: Located in York Lanes. Branch location

Emergency and York Security

- In case of emergency call 911; Free of charge from any phone
- On campus call: York Security at +1-416-736-5333
- York Security Office Location: Parking Structure 2, William Small Centre





York U Safety App:

Offers services such as goSafe, Campus Shuttle, and interactive campus maps.

Download it today:

York U Safety App



ARRIVAL IN TORONTO Public Transportation

For Reference Only: you are prohibited from using public transportation during quarantine period, and strongly discouraged from using at this time

Toronto Transit Commission (TTC)



- Fare: \$3.25 cash, \$3.20 PRESTO
- Serves City of Toronto
- Closest stop: York University station
- For more information, visit: <u>TTC website</u>

GO Transit



- Fare: \$3-\$20 PRESTO depending on the distance; must tap on and off
- Connects to regional locations: Mississauga, Brampton, Hamilton, Scarborough, Milton etc.
- Closest stop: Highway 407 TTC station and bus terminal
- For more information, visit: <u>GO website</u>

Union Pearson (UP) Express

- Fare: \$12.35 by cash/credit card; or \$9.35 by PRESTO
- Union Station to Toronto Pearson Airport

York Region Transit (VIVA/YRT)



- Fare: \$4 cash, \$3.75 PRESTO
- Serves areas north of York University (York Region)
- Closest stop: Pioneer Village TTC station
- For more information, visit: <u>YRT website</u>

Brampton Transit (ZÜM)

- Fare: \$4 cash, \$3.75 PRESTO
- Serves Brampton region
- Closest stop: 5 min walk north of Schulich on Ian McDonald Blvd
- For more information, visit: <u>ZÜM website</u>

Mississauga Transit - MiWay



züm

- Fare: \$3.75 cash, \$3.10 PRESTO
- Serves Mississauga region
- Closest stop: Islington TTC station
- For more information: visit: MiWay website

COVID-19 NOTE: Face masks are mandatory on all public transportation



Presto Card

PRESTO is accepted on all GTA transit systems

- Purchase a PRESTO card
 - o <u>Online</u>
 - o at a PRESTO vending machine (TTC subway stations)
 - o at a customer service outlet
 - at Shopper's Drug Mart locations that sell PRESTO cards
- Cost: \$6 for card + \$0.05 minimum load/reload if purchased in person or \$5/\$10 minimum from a vending machine
- Load in advance may take up to 24 hours to reload on-line
- Manage your card at: <u>My PRESTO</u> to add funds & passes and manage your profile
- Fares may vary between systems
- Additional fare when transferring between systems
- Tap your card to pay
- Hop on/off any direction for 2 hours without being charged again from the 1st time you tap on
- Research <u>Post-Secondary Monthly Pass</u> on PRESTO to save money on each transportation system

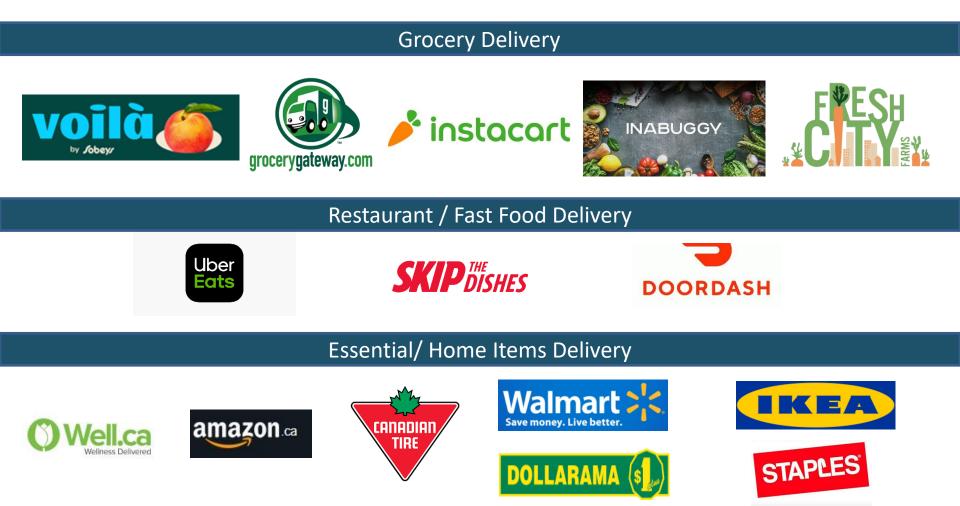






Shopping for essentials... during quarantine

There are a number of online delivery services that may be useful during your quarantine period and beyond. Also connect with your quarantine buddy for insider tips on best online shopping in Toronto



Shop for food close to campus... post-quarantine



Grocery Checkout York Lanes



Your Community Grocers University City Mall, Sentinel Rd



T&T Supermarket The Promenade, 1 Promenade Cir, Thornhill



No Frills 3685 Keele St., Keele St. & St. Regis Cres 1 York Gate Blvd, York Gate Mall



Walmart

3757 Keele St., Keele St. South of Finch Ave 101 Edgeley Blvd, Hwy #7 & Edgeley Blvd

ARRIVAL IN TORONTO Shop for living essentials... post-quarantine

Regardless of where you choose to stay, you will need to purchase living essentials like pillows, blankets, dishes, etc.

Stores close to campus



<u>Walmart</u>

A popular store due to its low prices and good quality

- 3757 Keele St., Keele St. South of Finch Ave.
- 101 Edgeley Blvd, Hwy #7 & Edgeley Blvd



<u>IKEA</u>

Known for ready-to-assemble furniture and home accessories at an affordable price

200 Interchange Way, Vaughan



DOLLARAMA

Known for affordable shopping. Broad range of products at fixed price from \$1 to \$3.

Many <u>locations</u> in the area!

Large Shopping Malls

Vaughan Mills (YRT #20)

Toronto Eaton Centre (Queen or Dundas subway stations)

Yorkdale Shopping Centre (Yorkdale subway station)





PRE-ARRIVAL SERIES

Information for International Students

These sessions are intended for students who are or will be in Canada for the Winter 2021 term. You are strongly encouraged to attend.







Health Insurance & Health Services

Cheryl Stickley, Graduate International Program Coordinator Learn about University insurance plans and other health-related information

Date: Tuesday, December 15, 2020 Time: 9:00 - 10:00 AM Register here

Living in Toronto

Cheryl Stickley & Gabriela Moreno Kahn, GBC Where to find things on and around the campus. Information on transportation and attractions. COVID-19 considerations.

Date: Wednesday, December 16, 2020 Time: 9:00 - 10:00 AM <u>Register here</u>

Immigration Information

Ann Welsh, International Student Support Specialist Important information about studying and working in Canada as an international student Date: Thursday, December 17, 2020

Time: 9:00 - 10:00 AM Register here

STARTING AT SCHULICH

International Student Orientation

The International Student Orientation is part of your Ineo Orientation and provides important information to help you successfully transition to Schulich as an international student. It's also an opportunity for you to get to know the International Relations team and connect with other Schulich students.

During orientation, we will cover:

- Canadian culture, inside and outside the classroom
- International student experience, with "pro tips" from current international students / alum
- Resources and support for international students
- Getting to know each other
- And more....

Date: Wednesday, January 6, 2021

Registration details will be sent closer to the date

Note: you may receive invitations to attend other orientations hosted by York University / York International. You are expected to prioritize Schulich events



SCHULICH STUDENT SERVICE OFFICES Student & Enrolment Services and Financial Aid



Student & Enrolment Services provides support to students such as academic advising, registration & enrolment support, letters, etc.

NOTES:

- Attend a Mandatory Smart Start Session (MBA) or prep course (if required)
- Complete Academic Integrity Modules
- Book orientation to receive enrollment details
- Student Accounts:
 - Access @ <u>York Student Financial Services</u>
 - Includes tuition, UHIP/GSA, on-campus rent
 - Tuition payments due: Sept 10th, Jan 10th, May 10th for the respective term

Contact:

Student & Enrolment Services Email: <u>studentservices@schulich.yorku.ca</u> <u>New to Schulich</u> website



Financial Aid helps students with funding options such as scholarships, bursaries, loans and awards

NOTES:

- Entrance funding automatically assessed for international students at admission
- Encouraged to explore external loan and funding providers
- More info on scholarships & awards at New to Canada orientation

Contact:

Financial Aid Email: <u>finaid@Schulich.yorku.ca</u> <u>Financial Aid</u> website

ARRIVAL IN CANADA Explore! (Post-COVID)

Toronto

Information: <u>www.toronto.ca</u> Visitor Information: <u>www.toronto.ca/visitors/index.htm</u> Tourism: <u>www.seetorontonow.com</u> Festivals & Events: <u>www.toronto.ca/explore-enjoy/festivalsevents/festivals-events-calendar/</u>

Ontario

Moving to Ontario: <u>www.ontarioimmigration.ca/</u> Tourism: <u>www.ontariotravel.net/en/home</u> Festivals & Events: <u>www.festivalsandeventsontario.ca/</u>

Canada

Information: www.canada.gc.ca

Travel to the USA

Visa information: <u>https://ca.usembassy.gov/embassy-</u> <u>consulates/toronto/</u>





