Dear Exchange Student,

Congratulations on being accepted to the Schulich School of Business at York University in Toronto, Canada!

Our team in the International Relations Office looks forward to welcoming you to Schulich, Toronto, and Canada. We hope that your time here will be a successful one filled with exciting opportunities.

Our office is dedicated to making your transition to Canada a smooth one. We have compiled this arrival guidebook for exchange students to address some of the most frequently asked questions regarding the arrival on campus and getting settled in the community. We hope that you will find this guide helpful.

Please contact us if you have any questions.

We look forward to meeting you at the Exchange Orientation.

Sincerely,
Cheryl, Tina, Ann, Lan and Tim
PREPARING TO ARRIVE IN CANADA

Pre-arrival Checklist

- Immigration Documents
- Secure Accommodations
- Learn about Health Insurance
- What to Bring with you
- Plan to arrive for Orientation
PREPARING TO ARRIVE IN CANADA

Do You Need a Study Permit, TRV or eTA?

Documents Required to Enter Canada

• Exchange students studying for one semester (less than 6 months) do not require a study permit. However, depending on your country of citizenship, you will require a Temporary Resident Visa (TRV) or electronic Travel Authorization (eTA) to enter Canada (exception for US citizens). Check processing times and apply early.
  • NOTE: your Letter of Acceptance can be used as the “invitation letter” requested in the TRV application. You can also consider including a cover letter to clarify that you will be an exchange student in Canada for one term (less than 6 months).
• Exchange students studying for longer than 6 months (more than one semester) will require a study permit. Review the application requirements, required documents and processing times for your visa office before applying. We encourage you to apply early as processing times can vary. A TRV or eTA will be issued at the same time, if required.
• You will need to bring your Schulich acceptance letter with you to the airport or border crossing when you first arrive in Canada.

International Experience Canada

• Exchange students wishing to work in Canada after their exchange term can check their eligibility for International Experience Canada programs. Please check to see if your program requires you to apply outside of Canada.

Travelling to the US

• Consider any planned travel to the US and whether or not you will need a visa or ESTA. Note: If possible, apply for your US visa before you leave your home country.
PREPARING TO ARRIVE IN CANADA

Accommodation

It is your responsibility to secure accommodations in Toronto. Consider the type of accommodation that is best for you by researching costs, location, etc.

On-Campus Housing

<table>
<thead>
<tr>
<th>Undergraduate – Residence</th>
<th>Graduate – York University Apartments</th>
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<tr>
<td>• 8 Residence buildings on York’s Keele Campus</td>
<td>• Apartment buildings for graduate students and families</td>
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<tr>
<td>• Meal-Plan available for students</td>
<td>• Lease-based occupancy</td>
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<tr>
<td>• Variety of social and educational activities are provided for residence students</td>
<td>• Furnished and unfurnished apartments</td>
</tr>
<tr>
<td>• For more details including photos, rates and contact info, visit the Undergraduate Residence Website</td>
<td>• Students should bring their own bedding, small kitchen appliances and other items</td>
</tr>
<tr>
<td></td>
<td>• For more details including photos, rates and contact info, visit the York Apartments website</td>
</tr>
</tbody>
</table>

Off-Campus Housing

• If you choose to live off campus, it is your responsibility to source housing alternatives

Note - Tenants in Ontario have certain rights and responsibilities. Familiarize yourself with the general guidelines before entering into a lease or rental agreement by visiting the Landlord and Tenant Board website.

Executive Learning Centre Hotel:
Students and family may stay here at a reduced rate upon arrival. Use promo code ‘SSB INTL STU’
Tel: +1-416-650-8300
Website: ELC Accommodation
PREPARING TO ARRIVE IN CANADA

Health Insurance

University Health Insurance Plan (UHIP)

- Mandatory for all international students and dependents.
- Coverage includes services such as doctor’s visits and hospital ward accommodation in Ontario. UHIP only covers dental care required as a result of a major accident.
- UHIP does not cover medications, routine dental care, etc. Supplemental insurance recommended.
- The approximate cost is $208 per term.*
- Coverage begins on the 10th day of the month prior to the month of the first day of classes (i.e. April 10th or Aug. 10th or Dec 10th).
- For more information visit the [UHIP website](http://www.uhip.org) or the [York University health insurance](http://www.yorku.ca/healthinsurance) website.
- Additional travel health insurance should be purchased for travel outside of Canada.

York University Graduate Students’ Association (YUGSA) Health Plan &
York Federation of Students (YFS) Health & Dental Plan

- Optional for exchange students.
- Coverage includes items such as prescription drugs, paramedical services, dental benefits, etc.
- Coverage is from Sept. 1st – Aug. 31st.
- Graduate students: the approximate cost is $250.* For more information, please visit the [GSA Health Plan](http://www.gsa.yorku.ca) website.
- Undergraduate students: the approximate cost is $240.* For more information, please visit the [YFS website](http://www.yfs.yorku.ca).

Further details regarding health insurance and how to make claims will be provided at the Exchange Orientation Session.

* Fees are subject to change.
PREPARING TO ARRIVE IN CANADA

How to Pay Your Student Account

Exchange students pay tuition to their home school however, there are some fees you may be charged as an exchange student at Schulich. The charges you may receive on your York University student account include UHIP and on-campus housing rent (if you are living on campus).

The options you have to pay your student account are:

1. Wait until you arrive and open a Canadian bank account at any bank (for your convenience, there is a Bank of Montreal (BMO) on campus). To open an account take your passport and acceptance letter or YU Card to the bank. You can then transfer your payments from your bank account to your York student account.

2. If you choose not to open a Canadian bank account you can pay your York student account by wire transfer through Western Union: http://sfs.yorku.ca/fees/paying/western_union.htm. There is no transaction charges from Western Union or York University however, your bank may charge a transaction fee.

   ** ALWAYS remember to include your York University student number with your payments so the money goes into the correct account.

Please note: Your York student account is NOT a bank account! Do not transfer large sums and then try to take the money out. Only transfer enough money to cover any charges you will receive.

Further details regarding banking and your student account will be provided at the Orientation Session.
PREPARING TO ARRIVE IN CANADA

Academics – Courses and Enrolment

Course Selection
• Enrolment completed
• Instructions sent to view your timetable
• High demand/limited space

Waitlist
• for high demand courses
• Waitlist.Schulich.yorku.ca
• Notifications to Schulich email

Enrolment Once Courses Begin
• Waitlist assessed until...
  • MBA – first week of classes
  • UG – second week of classes
• Attend classes you are enrolled in
• Permission from Instructor
PREPARING TO ARRIVE IN CANADA

Engage in Student Life

The Open Arms Committee
The Open Arms Committee (OAC) is a student-run organization at Schulich with the purpose of facilitating the transition of exchange students by trying to help them adjust to their new environment and settle into Schulich.

Throughout the year, the OAC will organize various events. In addition, exchange students are partnered with a Schulich student “buddy” who is available to answer any questions and concerns.

The OAC will email you with information and an invitation to join their Facebook Group!
Graduate OAC: mbaoac@schulich.yorku.ca
Undergraduate OAC: bbaoac@gmail.com

The Graduate Business Council (GBC) & Undergraduate Business Society (UBS)
The GBC and UBS are the Schulich student representative councils for their respective students.

Each term the GBC and UBS organize events and initiatives which help to engage students with the larger student body. Aside from social and athletic activities, the GBC & UBS serves as the student body’s voice to faculty and administration.

Student Clubs and Associations
Get involved with one of Schulich’s many clubs and associations. From the Case Analysis Club (Grad) to the Schulich Charity Association (Undergrad), there is a group for every interest. Visit the GBC and UBS website for more details.

Ask your Schulich “buddy” for more information.
PREPARING TO ARRIVE IN CANADA

When to Arrive and What to Bring

Arrive in Toronto a day or two before your first session. This will allow you to adjust to the time difference, set-up your accommodations and become familiar with the campus.

*Living on-campus*? Arrive on a weekday, during office hours, so you can obtain your apartment keys.

☑️ **Important Items to Pack**

- Valid Passport, with Temporary Resident Visa (TRV) or Electronic Travel Authorization (eTA); or US passport*
- Your Schulich Letter of Acceptance (copies acceptable)*
- Letter of Introduction from visa office (applicable *only* if you’ve applied for a study permit)*
- Photocopies/digital copies of all important documents and send to your email address*
- Proof of funds (i.e.: bank statement)*
- Address where you’ll be residing*
- Credit card(s)
- Medical and eyeglass prescriptions if necessary
- Medical insurance documents for extended health care coverage if you have it
- Driver’s license or international driver’s license ([drivetest.ca](https://drivetest.ca))
- Unlocked phone
- Laptop
- Power type A and B: Standard voltage is 120V, standard frequency is 60Hz ([https://www.power-plugs-sockets.com/canada/](https://www.power-plugs-sockets.com/canada/))
- Business attire for presentations and career events
- Weather appropriate clothing for the [season](https://www.weather.gc.ca)
- Canadian dollars or money to exchange for immediate use upon arrival
- [York U Campus Map](https://www.yorku.ca)

* Pack in your carry-on luggage, as you will be required to show this to the border officer after getting off the plane.
ARRIVAL IN CANADA

Arrival Checklist

- Transfer from the airport and check into your accommodation
- Orient yourself with the York campus
- Obtain your YU-card
- Contact your Schulich Buddy
- Learn how to use public Transportation
- Go Shopping for Food and Living Essentials
- Attend the Orientation Session
- Explore!
ARRIVAL IN TORONTO
Transport from Pearson International Airport

Airport Taxi
- Easiest way to get directly to your place of residence with luggage.
- Taxi fares from the airport are based on a flat rate tariff.
- Fare: $50-60 CAD Approximately (tips and extra luggage fee extra).
- Travel time: 30 minutes to York campus.
- For more information on taxi services, visit the Pearson Airport website.
- Taxis will be waiting once you exit the airport terminal. Use only authorized taxi providers.

Ride-Hailing Apps
- Use Uber or Lyft to and from airport

Airport Train to Downtown - Union Pearson Express
- Connects to Union and Bloor subway stations.
- Fare: $12 CAD Approximately. Pay by cash, credit, or Presto card (card purchasable at green self-serve machines in Pearson Station).
- Travel time: 25 minutes to Union Station (Downtown).
- Locations: Terminal 1 (Link train available from Terminal 3).
- For more information, visit UPExpress at Pearson.
- Tickets: Union Pearson Express Tickets.

On-Campus
York Student Housing Office:
340 Assiniboine Road, York University, Toronto, ON M3J 1L2
Tel: +1-416-736-5152
(Building #47 on the campus map)

Schulich School of Business:
111 Ian Macdonald Boulevard, Toronto, ON M3J 1P3
Tel: +1-416-736-5060

Off-Campus
Make sure you have your apartment or hotel address available.
ARRIVAL IN TORONTO

Public Transit from Pearson Airport

Public Transit: Toronto Transit Commission (TTC)

- Not recommended for first arrival as it is difficult to carry your luggage up and down stairs and through crowds on the buses and subway.
- Cheaper alternative option ($3.25 cash)
- Travel Time: Approximately 2 hours to the York campus
- Difficult to carry your luggage through crowds on the buses and subway during rush hour (Monday to Friday 7am - 9am and 4:30pm – 6:30pm)
- Pick up location:
  - Terminal 1, Ground Level, second curb, Column R4
  - Terminal 3, Arrivals Level, third curb, Column C12
- For Schedule, please visit the TTC Website: [192 Airport Rocket](#)

Airport TTC Tickets Vending Machine:
- Terminal 1: Curbside, at column “R“; Terminal 3: Single fare tickets @ the Currency Exchange counter located on the arrivals level
- Cash or major credit cards accepted. Availability: 24x7 to purchase adult (not student) tokens. You may also pay the driver directly with exact Canadian cash
- Ask the driver for a “Transfer” to continue your trip on another connecting TTC route so you do not have to pay again

TTC Directions to York University

From Pearson Airport, take the 192 Airport Rocket Bus to the Kipling Subway Station (Bloor- Danforth subway line)

Take the Eastbound subway from Kipling to St. George subway station

Exit the train at St. George station, walk up the stairs to the University-Spadina subway line and take the Northbound subway to the York University subway station

Walk to your destination on campus
ARRIVAL AT YORK UNIVERSITY

Know your Campus

Banking & ATM Machines

- **CIBC:** Located in the Schulich School of Business. ATM only.
- **Royal Bank (RBC):** Located in 340 Assiniboine Residence & Bennett Centre. ATM only.
- **Scotiabank:** Located in Bergeron Centre for Engineering. ATM only.
- **TD Canada Trust:** Located in Central Square. ATM only.

York Lanes

- Includes places to eat, the bookstore, post office, public transit passes, pharmacy, dentist, doctor, etc.

Emergency and York Security

- Contacts in case of emergency
  - In general: **call 911.** Free of charge from any phone
  - On campus: York Security at **+1-416-736-5333**
- York Security Office Location: Parking Structure 2, William Small Centre

**York U Safety Mobile Application**

One-stop access to all of the University’s safety resources: direct call to campus security; Key student safety services such as goSafe; Campus Shuttle; interactive campus maps.

Download it today - [York U Safety App](#)
ARRIVAL AT YORK UNIVERSITY

YU-Card

The YU-Card is York University’s official photo identification & campus debit card. It provides access to key services such as library, recreation facilities, exams, food, shopping, events, discounts and more.

How to get your YU-card:

Two options:

- **Upload your photo online** by Friday, August 10th and pick up your card in the Schulich Student Services Office after August 20th or at Orientation (for photos uploaded after August 10th, YU-cards will have to be picked up in person at the YU-card Office)

- If you wish to have your YU-card prior to August 20th to access the recreational facilities, laundry, etc., you can pick-up your card at the YU-card Office

What do I need to bring?

- Your York U student number

- One piece of valid government-issued photo identification, such as: Passport; Driver’s license; Citizenship cards; BYID card

How to load money onto your YU-card

- Add money online [here](#).

- YU-card station located in one of the campus libraries or at the YU-card Office located at 200 William Small Centre.
ARRIVAL IN TORONTO

Public Transportation

Toronto Transit Commission (TTC)
- TTC is Toronto’s public transportation system.
- The subway system connects with buses and streetcars.
- The following are the bus routes to/from York University:
  - 41 To Pioneer Village Station and Finch West Station
  - 60C To Finch Station
  - 106 To Pioneer Village Station and Sheppard West Station

York Region Transit (YRT)
- Serves areas north of York University (York Region).
- The YRT Jane – Concord Route 20 Line runs along Jane St. to Interchange Way at Highway 7 (IKEA & Walmart) Jane St. to Rutherford Rd (Vaughan Mills Mall).
- Bus stops on the York campus: close to York Lanes.
- Fare: $4 (one way), or Presto Card
- For more information, visit: YRT Website

Paying on the TTC:
- You can pay cash fare or reloadable Presto Card to ride the TTC.
- Fare: $3.25 (source–to-destination). Presto: $6 for card, minimum load $10.
- Bus drivers do not give back change.
- Presto Card Purchase: Subway stations or in Shopper’s Drug Mart in York Lanes.
- Obtain a transfer from the driver for stopover or to change routes if you paid cash fare, retap with Presto (will not be charged again if transfer is within 2 hours of initial tap).

For more information, visit: TTC Website

GO Transit
- Connects YU to out of town locations: Mississauga, Brampton, Hamilton, Scarborough, Milton etc.
- Bus stops on the York campus: Close to York Lanes.
- Fare: $10-$20 (depending on the distance)
- Tickets can be paid using Cash/Credit card/PRESTO Card
- For more information, visit: GO Website
ARRIVAL IN TORONTO

Shopping for food...

**Your Community Grocers**
- University City Mall, Sentinel Rd.
  Directions: Walk South on Sentinel Rd. (South of The Village)

**Real Canadian Superstore** (also sells living essentials)
- Dufferin St. & Steeles Ave.
  Directions: From Pioneer Village Station take the 60 Steeles East bus to Finch station. Get off at the Dufferin St. stop.

**No Frills**
- 3685 Keele St., Keele St. & St. Regis Cres.
  Directions: TTC 41 Keele bus. To the St. Regis Cres. stop.
  - 1 York Gate Blvd, York Gate Mall
  Directions: Take the TTC 35A to Jane Station. Get off at the York Gate Blvd.

**Walmart**
- 3757 Keele St., Keele St. South of Finch Ave.
  Directions: TTC 41 Keele bus to the Broadoaks Dr. stop.
  - 101 Edgeley Blvd, Hwy #7 & Edgeley Blvd
  Directions: Take TTC Subway to Vaughan Metropolitan Centre Station.

**T&T Supermarket**
- The Promenade, 1 Promenade Cir, Thornhill, ON L4J 4P8
  Directions: Viva Purple bus to the Promenade Terminal Platform 7

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**Alternate Grocery Shopping**

**Shoppers Drug Mart**
York Lanes, York University
- Not a full grocery store but can pick up some non-perishable food items and snacks

**Online Grocery Shopping**

**Grocery Gateway**
- Minimum $45 per order
- More costly but convenient
- delivered to your apartment/residence

**Specialty Grocery Stores**
- There are other supermarkets and grocery stores found near campus that can accommodate any specific diet.
- Please visit the York International website for more details
ARRIVAL IN TORONTO

Shopping for living essentials...

Regardless of where you choose to stay, you will need to purchase living essentials like pillows, blankets, dishes, etc.

Stores close to campus

**Walmart**
A popular store due to its low prices and good quality.
You can also buy groceries.
- 3757 Keele St., Keele St. South of Finch Ave.
  Directions: TTC 41 Keele bus to the Broadoaks Dr. stop.
- 101 Edgeley Blvd, Hwy #7 & Edgeley Blvd
  Directions: Take TTC Subway to Vaughan Metropolitan Centre Station and walk 10 minutes.

**IKEA**
Known for ready-to-assemble furniture and home accessories at an affordable price.
- 200 Interchange Way, Vaughan
  Directions: Take TTC subway to Vaughan Metropolitan Centre Station or YRT #20 to Peelar Rd.

**DOLLARAMA**
Known for affordable shopping. Broad range of products at fixed price from $1 to $3.
Many locations in the area!
http://www.dollarama.com/store-locator/

Large Shopping Malls

**Vaughan Mills**
(YRT #20)

**Toronto Eaton Centre**
(TTC Queen or Dundas Subway Stations)

**Yorkdale Shopping Centre**
(TTC Yorkdale Subway Station)
ARRIVAL IN CANADA

Schulich Exchange Orientation

Graduate Exchange Orientation: September 6 & 7, 2018
Undergraduate Exchange Orientation: September 4, 2018

** You may have received invitations to attend events by York International – webinars, orientation. In order to receive relevant Schulich information, you should prioritize attending Schulich events. You are welcome to attend York International events as well, however, you should note that the information provided may duplicate that provided by Schulich International Relations.

The Exchange Orientation provides information you need to successfully adapt to life at Schulich, Toronto, and Canada. The benefits of attending Orientation are to:

• Meet and get to know the International Relations team, other students
• Understand your health insurance coverage & services
• Find out how to navigate Toronto via public transportation
• Discover things to see and do in and around Toronto
ARRIVAL IN CANADA

Explore!

**Toronto**

Information: [www.toronto.ca](http://www.toronto.ca)

Tourism: [www.seetorontonow.com](http://www.seetorontonow.com)

Guides: [www.toronto.com/guides](http://www.toronto.com/guides)

Visitor Information: [www.toronto.ca/visitors/index.htm](http://www.toronto.ca/visitors/index.htm)

**Ontario**

Information: [www.ontario.ca](http://www.ontario.ca)

Tourism: [www.ontariotravel.net](http://www.ontariotravel.net)

Events: [www.festivalsandeventsontario.ca](http://www.festivalsandeventsontario.ca)

**Canada**

Information: [www.canada.gc.ca](http://www.canada.gc.ca)

Tourism: [www.canada.travel/selectCountry.html](http://www.canada.travel/selectCountry.html)

Events: [canada.pch.gc.ca](http://canada.pch.gc.ca)

**Sightseeing**

CN Tower: [www.cntower.ca](http://www.cntower.ca)

St. Lawrence Market: [www.stlawrencemarket.com](http://www.stlawrencemarket.com)

Kensington Market: [www.kensington-market.ca](http://www.kensington-market.ca)

Toronto Islands: [www.toronto.ca/parks/island](http://www.toronto.ca/parks/island)

**Museums**

Royal Ontario Museum (ROM): [www.rom.on.ca](http://www.rom.on.ca)

Art Gallery of Ontario (AGO): [www.ago.net](http://www.ago.net)

The Hockey Hall of Fame: [www.hhof.com](http://www.hhof.com)

**Travel to the USA**

Visa information: [https://ca.usembassy.gov/visas/](https://ca.usembassy.gov/visas/)